



**Project:** Sermon Resource for Shluchim  
**Distribution Date:** July 28, 2009 / ז' אב תשס"ט  
**Parsha:** V'eschanan / ואתחנן

בי"ה

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1. Obama's note in Kotel.



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2. What is source of Kotel notes custom?

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3. Three levels of prayer: thought, speech, action.



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4. Mental prayer: "Imru bilvavchem", prayer in mikvah.



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5. Verbal prayer: "Shma Yisroel",  
 Moshe's tefillah to enter Israel.



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6. Verbal prayer makes requests  
 clear.

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7. Amidah said silently to not  
 embarrass confessors.



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8. Action prayer: writing notes.



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9. Prayer notes make Kotel prayer permanent.



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10. Rebbe: writing makes prayer permanent.

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